



RENAL/ABDOMINAL ULTRASOUND PREPARATIONS

1. Appointments are typically scheduled very early in the morning.
2. Absolutely NO FOOD OR DRINKS (*including water*) 12 hours before the test.
3. Take medications as usual, but only with a small sip of water.
4. Please allow 45 to 50 minutes for the scheduled Renal/Abdominal ultrasound procedure.
5. No smoking before the test.
6. Please DO NOT exercise, workout or move around excessively in the morning before your test. Any movement, aerobics, exercising and/or ingesting food/water will cause bubbles to buildup in your stomach, making it difficult to perform this ultrasound test and will give a poor image quality.

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